

# *The Asylum*

Psychiatric Clinic  
for Abused Cuddlytoys

To:

Subject: Referral of the patient Dolly.

Dear colleague,

I am grateful to be able to send you Dolly and hereby assign to you the further treatment of the patient. Please examine her carefully after the exhausting transport to find out if she has suffered from the journey. Any complaints and disorders should be treated immediately.

The patient has already spent some time in our clinic. However, you will be forced to continue the psychological treatment. Therefore, I would like to introduce you to the treatment Dolly has received so far.

#### Anamnesis:

Any information on the patient's social background is based on the statements of a kindergarten teacher who has admitted the patient into our clinic. Thereafter, the improper behaviour of the patient has gained more and more aggressive traits. Unfortunately, there is no information on the patient's background before this period. We can only imagine that her first years were formative, but all we know is that she was spend anonymous to the kindergarten.

#### Pathology and preliminary diagnosis:

The main symptom is the patient's changing behaviour pattern which skips between two extremes: on the one hand she behaves like an alpha animal in a pack of wolves, on the other hand she has got the attitude of a sacrificial lamb. The unexpectedly strong exhibition of this repressed wolf identity sometimes completely overstrains the sheep. Hysterical, psychotic defence reactions underline the fundamental threat which points at negative experiences and resulting fragmentation processes. However, this change between power and powerlessness exhausts the patient, and self-conception as plush toy seems to be impossible for her.

To give Dolly greater safety, one has to work towards the protective functions of her inner resources. Once she has the power to face the wolf inside her, she will be able to turn her attention towards the main problem: her suppressed trauma.

I am sure that Dolly will benefit from your professional treatment. I would also like to thank you for your aid on behalf of the whole clinic.

Yours faithfully



Dr. Kindermann  
(Head physician of the Psychiatry for Abused Cuddly Toys)