

# *The Asylum*

Psychiatric Clinic  
for Abused Cuddlytoys

To:

Subject: Referral of the patient Kroko.

Dear colleague,

I am grateful to be able to send you Kroko and hereby assign to you the further treatment of the patient. Please examine him carefully after the exhausting transport to find out whether he has suffered from the journey. Any complaints disorders should be treated immediately.

The patient has already spent some time in our clinic. However, you will be forced to continue the psychological treatment. Therefore, I would like to introduce you to the treatment Kroko has received so far.

#### Anamnesis:

We were not able to reconstruct the patient's social background as the patient is still very suspicious of humans and releases few information on his person. A further complication is his conviction that he is in fact an undercover agent. You will have to differentiate between reality and imagination in his reports. What we know for sure is that he was hiding in a cardboard box which was found behind the steps of a department store. The manager denies that the product belongs to his range of goods.

#### Pathology and preliminary diagnosis:

The patient's main symptoms are his feelings of fear and his hypersensitive paranoid hallucinations. In addition, he suffers from a water phobia, which makes it impossible for him to enter bathrooms. It is extremely important that the patient does not encounter this element without therapeutic observation.

Another significant element is his cushion. It helps the patient to bear his fear and offers him an illusion of protection. I strongly recommend not separating this cushion from the patient without his agreement, otherwise a breach of trust within the physician-patient relationship is likely.

Furthermore, a separation from his cushion may cause feelings of anxiety on the part of the patient. These overwhelming feelings of fear can also appear without any outside influences. In this case a temporary drug therapy with Halo-Stop-Ultra (0.5 mg/day) is justifiable. Please keep in mind that this drug is highly addictive. A promising coping strategy, which was sought by the patient himself, seems to be music: The patient is able to reach a fearless state by playing a certain melody on his flute. Any further development in this direction will bring the patient forward.

I am sure that Kroko will benefit from your professional treatment. I would also like to thank you for your aid on behalf of the whole clinic.

Yours faithfully



Dr. Kindermann  
(Head physician of the Psychiatry for Abused Cuddly Toys)